

CLASS IX HOME SCIENCE CHAPTER 1 LINIT I

MEANING, IMPORTANCE AND SCOPE OF HOME SCIENCE, CONSTITUENT AREAS OF HOME SCIENCE

NOTES

Meaning

- > Art of managing our resources efficiently
- ➤ The science of achieving a healthy and happy home as well as a successful career.

Aim

➤ To get maximum satisfaction for our family members through scientific use of resources.

Importance

- learn to manage the resources.
- > right direction to solve problems.
- > use of skills to improve economic condition.

Scope Misconception

➤ household chores, home making and meant only for girls.

Goals

- (i) Caring for the home and family
- (ii) (ii) career

Vast Scope

food, house, clothes, bringing up children for proper use of resources.

Constituent areas

- 1. Food and Nutrition
- 2. Resource Management
- 3. Textile and Clothing
- 4. Human Development
- 5. Extension Education