



Lesson: 9

The Value of Game and Sports

SOLUTIONS:

COMPREHENSION:

1. Answer the following questions in a sentence each:

i. Where is Olympia?

Ans: Olympia is in ancient Greece.

ii. Who was Ben Johnson?

Ans: Ben Johnson was a good sprinter who represented Canada in the Seoul Olympics.

iii. How many rings are in the Olympic flag?

Ans: The Olympic Flag has five rings.

iv. What is the championship other than the Olympics mentioned in the lesson?

Ans: European Football Championship.

2. Answer the following questions in about 20-25 words each:

i. What is the importance of games and sports?

Ans: Sports bring in people of all races, castes and creed together. There is no barrier of race or religion. It is in the field of sports that the world is united into one.

ii. What is the significance of the Olympic flag?

Ans: The Olympic flag with five rings represents the five continents. It shows the spirit of unity of the whole world.

iii. What is the importance of the Olympic flame?

Ans: An essential aspect of games and sports is the purity of mind among the sportspersons. The Olympic flame is the symbol of purity.

iv. Why is the mane of Prometheus brought in the lesson?

Ans: The mane of Prometheus brought in the lesson because fire is said to be the gift of Prometheus to mankind and it is the symbol of purity.

v. What did Francesco Totti do?

Ans: Francesco Totti spat on Poulson of Denmark during a match between Italy and Denmark of the European football championship 2004 in Portugal.

vi. Why was Ben Johnson given punishment?

Ans: Ben Johnson was given punishment because he was found using drugs to win the championship.

vii. Why is Jesse Owens prominent in the history of Olympics?

Ans: In the Olympics of 1936, though the Nazis under Hitler looked down upon the American Negroes as an inferior race, Jesse Owens an American Negro won the 100m race as well as defeated Luz Long of German in the long jump. That's why he is prominent in the history of Olympics.

viii. What are the team games that help in giving the team spirit?

Ans: Games like hockey, football, cricket and some very important track and field events.

ix. How did the Olympics shows that Hitler was wrong?

Ans: The Nazis under Hitler looked down upon the American Negroes as an inferior race but when Jesse Owens, an American Negro won the 100m race the German crowd gave him a standing ovation. Then when he defeated Luz Long, a German in the long jump, Long was the first to congratulate owens.

3. Answer the following questions in about 50-60 words each.

i. Why did people in the past need Physical fitness more than now?

Ans: Competition in games and sports began as a show of physical fitness of human beings. In ancient day, people had to be physically fit and strong as in wartime they fought and in peace they showed their physical strength in games and sports. Thus people in the past need physical fitness more than now.

ii. Describe the origin of the Olympic Games.

Ans: The Olympic games originated in ancient Greece as many as 3000 years before. In ancient Greece in Olympia the Greeks Organised celebrations in honour of Zeus and in such celebration there was also competition in games and sports and it was the beginning of Olympics. The original Greek games were staged every fourth years for several hundred years until they were abolished in the early Christian era.

iii. Describe the origin of modern Olympics.

Ans: The first modern Olympics were held in Athens, Greece in 1896. It took 1503 years for the Olympics to return. The man responsible for its rebirth was a Frenchman named Baron Pierre de Coubertin who presented the idea in 1894. He founded the International Olympic committee (IOC) and the first game took place at Athens, Greece. The IOC is the governing body of the Olympic Movement with the Olympic charter defining its structure and authority. The first modern Olympics have athletes from 14 countries participating in it.

iv. How do the Olympic Games symbolise unity of the world and purity of mind?

Ans: The idea of games and sports has changed in modern times. Besides physical fitness, games and sports are of great value for many things in life and one of them is the unity of the whole world. The Olympic flag has five interlaced rings which is symbolic. It represents the five continents of world and it shows the spirit of unity of the whole world. Another essential aspect of games and sports is the purity of mind among the sports person. The Olympic flame is the symbol of purity. The idea of the torch was first conceived by the German scholar, Carl Diem and it has become an essential part of games.

v. What are the instances which show that strict discipline is necessary in the Olympic Games ?

Ans: A sense of discipline and good behaviour runs through the games and a glaring example of it was the interesting incident that occurred during the European Football Championship in 2004 in Portugal. During a match between Italy and Denmark there was a bad incident. Francisco Totti of Italy spat on Poulson of Denmark. Later on Totti apologised, not only that he went to the church of Holi Madonna of Devine Love and prayed for forgiveness. But because of the strictness of the rules of the game he was banned for three matches. The rules of games and sports teach everyone to have discipline and proper behaviour.

vi. Why is the Olympics of 1936 and memorable one?

Ans: In the Olympics of 1936, though the Nazis under Hitler look down upon the American Negroes as an inferior race, Jesse Owens, an American Negro won the 100m race for which the German crowd gave him a standing ovation. Further he defeated Luz Long of German in the long jump and Long was the first to congratulate Owens. Thus the Olympics of 1936 is a memorable one.

vii. Why is the case of Ewry a classic example of indomitable spirit?

Ans: Raymond Clearance Ewry was born in the USA in 1873 he had contracted polio as a small boy and had to be confined to the wheelchair. But his hard work and undying spirit brought him to the top of the world. He won 10 gold medals in four Olympics. Thus the case of Ewry is a classic example of indomitable spirit and hard work.

viii. Show how games and sports encourage team spirit among people.

Ans: In games like hockey, football, cricket and some very important track and field events the spirit of team work is essential. When it fails, the team suffers. The strict rule of obey the rules, Obey the captain and obey the umpire has to be strictly adhere to and only strict discipline and sincere team work will enable a team to win. Thus in such games it is team work and team spirit that is very important.

4.Fill in the blanks of the following statements with a word or words from the lesson.

- I. Sports bring in people of all races, castes and creed together.
- II. Competition in games and sports began as a show of physical fitness of human beings.
- III. The idea of games and sports has changed in modern times.
- IV. Baron Coubertin revived the Olympics games
- V. The Olympic Flag with five rings represents the five continents.
- VI. The Olympic flame is the symbol of purity.
- VII. Luz Long was the first to congratulate Owens.
- VIII. Ewry won 10 (ten) gold medals in four Olympics.
- IX. Only strict discipline and sincere teamwork will enable a team to win.
- X. The game teach mankind the spirit of co-operation.

GRAMMAR

4. Frame sentences with the following word:-

1. Immemorial -

Rice has been cultivated from time Immemorial in tropical countries.

2. Celebrations -

The celebration of Christmas is a custom.

3. Essential -

It is essential to know math to understand algebra.

4. Impart -

As a teacher he was able to not only to impart knowledge but to kindle enthusiasm.

5. Glaring -

She stood there with hands on her hips glaring with a face like thunder.

6. Indomitable -

A selfless man has an indomitable spirit.



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6. Verb :-

A verb is word that denotes an action or predicate a fact.

Eg.1. Bird fly in the air.

2. Ramu is a thief.

Verbs are of two man kinds :-

1. Principal

2. Auxiliary Verbs

- Principal Verbs are verbs which does not require the help of any other word to express it meaning. Eg. We love our motherland.
- Auxiliary Verbs are verbs that helps the principal verbs to form its tense, mood or voice. Eg. We should love our motherland.

Futher the principal verbs has two chief kinds.

1. Transitive verbs

2. Intransitive verbs

- Transitive verbs denotes an action which does not stop with the doer (subject) but passes on to some other noun or pronoun (object).

Eg. 1. Late sings song. 2. Bob writes a letter.

- An Intransitive verbs denotes an action which stops with the doer (subject) and does not pass on to any other noun or pronoun (object).

Eg. 1. The baby is crying. 2. The guests slept soundly.