



**CLASS X**

**HOME SCIENCE**

**UNIT VII - RESOURCE AVAILABLE TO FAMILY**

**NOTES**

All family members have certain needs and they work to get and fulfill their satisfaction. Needs may be primary such as food, clothing, shelter while secondary needs include education, comfort, entertainment etc. Getting and fulfilling these needs largely depend upon the availability of resources of the family and its members. These needs enable us to know about family's goals. All household activities move around achieving these goals. As the goals are numerous making continuous efforts are necessary.

Resources are the means to achieve these goals. As resources are an integral part of home management, a housewife can manage her home properly through judicious and economical use of the resources.

There are two types of resources – human resource and non – human resources. Knowledge, energy, time, skills and abilities, attitude and interest are included in the human resources. Non – human resources consist of money, property, material goods and community resources.

There are variations in the resources available to different families. A family may have flowing income while others may not have it. Some families may have both money and skills, some families have money but no skills, while some others may have skills but no money. The amount of resource which is useful for a family depends upon the requirements and the knowledge of the resources. Time can replace money or vice versa and money can be replaced by time, skills and energy by repairing works done by family members. Resources are limited both quantitative and qualitative.

Time and physical abilities are limited. The management of resources are affected by the quality of goods. A housewife can raise the standard of her family by spending economically.



Resources are seldom singly and it is wrong to think that money alone is enough to buy household items. Knowledge about the product, skills in choosing, time, energy, etc. are equally important in buying it.

Money can be saved by stitching one's own clothes and by cooking family meal. Resources can be increased by stitching own clothes and saving time and money. Stitching others clothes and letting out a portion of the house on rent may increase the income. Expenditure on vegetables can be reduced by maintaining a kitchen guard.

We save time and energy depending on our skills, planning and by utilizing proper management techniques of both time and energy. Management can be done in the following four ways: a) Planning, b) Organizing, c) Implementing, and d) Evaluating.

After planning and organizing things in a sequence, we have to implement whatever we have chalked out and planned. Then we have to evaluate the progress of the work. Corrective steps should be taken up if something went wrong and attempt should be made not to make such mistakes in future. These steps help in future planning.

