



CLASS X
HOME SCIENCE
UNIT I - PRINCIPLE OF DEVELOPMENT

NOTES

Principles of Development : Different rate of development head to downwards, general to specific, characteristic of development stage, passing through each stage, predictable similar, continuous, accelerated and decelerated growth.

Physical development : It deals with change in height and weight, body build, muscular development and difference between muscular development of boys and girls during early childhood.

Motor development : It concerns with the ability to move and co-ordinate the different parts of the body to perform different skills, like holding of head, sitting, crawling, standing, walking, running, playing, etc. during early childhood. There are two types of Motor Development i.e. (i) Gross Motor Skill and (ii) Fine Motor Skill.

Socialization : It deals with gaining the ability to behave according to others expectations. In the process of socialization the child exhibits different forms of behavior; such as Imitation; Quarrelling, Non-Cooperativeness, Selfishness, Negativism, Sharing and Rivalry. Common interest deals with interest in (1) Religion, (2) Human body, (3) Self and (4) Appearance which are almost universal among children in the 2 to 6 years age group.

Emotions : It deals with feelings experienced by children, at being sad, happy, afraid, angry and excited. Besides these, there are intense emotions shown by children such as, temper- tantrums, intense fear and unreasonable outburst of jealousy. Moreover, how to control unpleasant emotions to the minimum by tactful handling of the situation by parents and the other members of the family to avoid aggressive attacks is also specified.