



মণিগোবর্ধনোঃ ঔঃ নক্ষত্রোঃ (ঔঃ)

DEPARTMENT OF EDUCATION (S)

Government of Manipur

Class- V

Subject: EVS

Chapter:5 LOCAL GAMES AND MARTIAL ARTS

KEY NOTES:

- Every community has their own form of local games and martial arts.
- Indigenous/traditional games – those games which originated from a particular community or state and continue to be played even today.
- Indigenous games and forms of martial arts of Manipur are
 - Sagol Kangjei (Modern Polo)
 - Yubi Lakpi (Manipuri Rugby)
 - Hiyang Tanaba (Boat Race)
 - Mukna (Manipuri wrestling)
 - Thang- Ta and Sarit-Sarat
 - Kang

QUESTIONS AND ANSWERS

Textual questions

Q1. Activity

Make a list of traditional games which your parents played during their childhood for amusement and fun.

Ans:

- i. Marum konbi
- ii. Cheitek kotpi
- iii. Chegai Chongbi
- iv. Keku Lotpi
- v. Amangbi

Extra questions:

Q1. What are indigenous/ traditional games?

Ans: Those games which originated from a particular community or state and continue to be played even today.

Q2. From where did the game of Modern polo originate?

Ans: The game of Modern polo originated from Manipur.

Q3. How many players are there in a Polo team?

Ans: There are 7 (seven) players in a polo team.

Q4. What is the ball in Sagol kangjei made of?

Ans: The ball in Sagol Kangjei is made of bamboo root.

Q5. How is Yubi Lakpi played?

Ans: Yubi Lakpi is played between two teams, where each team has 7 players. It is played in an open field, that is about 45 × 18 metres in area, one side of which forms the central

portion of the goal line. The coconut serves the purpose of a ball and is offered to the king or judges who sit just beyond the goal line.

Q6. In which month is Hiyang Tanaba generally held?

Ans: Hiyang Tanaba is generally held in the month of November.

Q7. What is the boat used in Hiyang Tanaba called?

Ans: The boat used in Hiyang Tanaba is called Hiyang Hiren.

Q8. Write a very short note on the game Mukna.

Ans: The game Mukna is the Manipuri style of wrestling played between two male rivals for trial of strength by sheer physical strength and skill. Athletes of the same or approximately the same physical built, weight or ages are made to fight with each other.

Q9. Write a short note on the game Kang.

Ans: Kang is an indoor game played on the mud floor of a big out house. Fixed targets are hit with “kang” which is a flat and oblong instrument made of either tortoise shell or lac. Normally each team has 7 male partners. The game is also played as a mixed double.

Q10. What is the name of the Manipuri Martial Arts?

Ans: The name of the Manipuri Martial arts is Thang Ta and Sarit Sarat.

Q11. State whether the following statements are true or false.

- a) Kongfu had its origin in Japan. (False)
- b) Sagol Kangei is played with 8 players in each side. (False)
- c) Kang is played by both male and female. (True)
- d) Hiyang Tanaba is held in the month of January. (False)
- e) Thang Ta and Sarit Sarat are the forms of Manipuri Martial Arts. (True)



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