



## CHAPTER- 15

### POPULAR BELIEFS AND RELIGIOUS

#### SOLUTIONS:

Exercises:

**1 Answer the following questions in one word or a sentence.**

- a) How, according to the Buddhists can the cycle of rebirth and social difference be removed?

Ans- Through personal efforts the cycle of rebirth and social difference could be removed according to Buddhism.

- b) Who are the Sufis?

Ans- The Sufis were Muslim mystics.

- c) What according to Saiva Nayanars was the means of attaining salvation?

Ans- According to Saiva Nayanars the means of attaining salvation was through personal devotion to God.

**2 Answer the following questions in about 30/40 words each.**

- a) What are the major teachings of Guru Nanak?

Ans- The major teachings of Guru Nanak was the message of love, equality between men and women and he stood for the emancipation of women declaring women not inferior to men but having equal responsibilities.

- b) Distinguished between the Shias and the Sunnis.

Ans- The Shias are the Muslims who believed Ali, son- in-law of Prophet Muhammad was the legitimate leader of the Muslims, whereas the Sunnis believed in the authority of the first three Caliphs or successors of Muhammad.

c) State the difference between the Alvars and the Nayanars.

Ans – The difference between the Alvars and the Nayanars was that the Nayanars worshipped Lord Shiva and the Alvars worshipped Lord Vishnu.

d) What did Guru Nanak believe in?

Ans- Guru Nanak believed in one formless creator, one God and emphasized the need of a Guru for approaching God. According to him the goal of men is union with God and he was against idol worship and wanted to bring Hindus and Muslims together.

**3 Choose the correct answer:**

(i) Which of the Bhakti saints went above sectarian difference and blended the elements of Islam?

- A Kabir
- B Mirabai
- C Chaitanya
- D Tukaram

Ans- A Kabir

(ii) The Muslims came to Manipur during the reign of

- A Khagemba
- B Charairongba
- C Garibniwaz
- D Bhagyachandra

Ans- Khagemba



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**4 Match the following:**

- |          |            |
|----------|------------|
| Alvars   | Krishna    |
| Muslims  | Guru Nanak |
| Ramanadi | Vishnu     |
| Gaudiya  | Allah      |
| Sikhism  | Siva       |
| Nayanars | Rama       |

Ans –

- |          |            |
|----------|------------|
| Alvars   | vishnu     |
| Muslims  | Allah      |
| Ramanadi | Rama       |
| Gaudiya  | Krishna    |
| Sikhism  | Guru Nanak |
| Nayanars | Siva       |



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