



LESSON 11

EPITOME OF WILL POWER AND COURAGE

SOLUTIONS:

Comprehension

1. Answer the following questions in a sentence each:

i. Why did Shelly Mann cry when she won the gold medal at the Olympic Games of 1956?

Ans: Shelly Mann cried when she won the gold medal at the Olympic Games of 1957 because her persistent hard work had paid off and she got gold medal despite her illness.

ii. What would the people present have thought when they saw Shelly Mann crying after winning the medal?

Ans: The people present would have thought when they saw Shelly Mann crying after winning the medal that her tears were the result of understandable emotion.

iii. What effect does polio have on the limbs?

Ans: The people with polio have emaciated limbs.

iv. Why did Shelly Mann start swimming?

Ans: Shelly Mann started swimming as an exercise to restore some strength to the emaciated limbs.

2. Answer the following questions in about 20-25 words each:

i. Why did Shelly Mann never dream of an Olympic medal?

Ans: At the age of 5, Shelly Mann had been struck by a severe polio bout and she was barely able to move a muscle in her body. She started swimming as an exercise to gain some strength. That is why she never dreamt of an Olympic medal.

ii. How did Wilma Rudolph destroy the myth of polio destructive power?

Ans: Wilma Rudolph was born premature. Wilma lost the use of her leg as she was hit by polio at the age of four. Despite her physical disadvantage, she was an Olympic champion.

iii. What were the events in which Ewry won gold medals in Olympic?

Ans: The events in which Ewry won gold medals in Olympics were standing high jump, standing long jump and standing triple jump.

3. Answer the following questions in about 50-60 words each :

i. How did Wilma Rudolph emerge as a star sprinter?

Ans: When Wilma was 11, her mother saw her running around the basketball court enthusiastically without her orthopedic shoes. She became good enough on the court to begin playing basketball for her school. One day, an athletic coach who watched her play, convinced her that she had the potential to become a star sprinter. Sure enough, she sprinted her way into the top bracket and within four years joined the American Olympic contingent for the 1955 Olympics.

ii. What was so remarkable about Don Fraser's achievement as a swimmer?

Ans: Don Fraser was a swimmer and an Olympic gold medalist. She remained unbeaten for four years. While she was training hard for the Tokyo Olympics, she met an accident. She spent six weeks in plaster cast but her determination was remarkable. The accident would not allow her to keep her away from training. She not only won Olympic gold in Tokyo Olympic but also set a record and became the first swimmer to win the same event three times.

iii. How did the three women athletes prove to the world that will-power and courage can beat all odds?

Ans: The three women Shelly Mann, Wilma Rudolph and Dawn Fraser have physical disadvantages. Shelly Mann and Wilma Rudolph were suffering from polio and Dawn Fraser met with an accident before the Olympic event. Despite their difficulties, they were persistent and achieved great success in life. The three women became champions because they refused to accept defeat. These three women were classic examples of the epitome of will power and courage.

4. Fill in the blanks with the missing words/words in the following sentences :

i. After the Olympic victory, Shelley Mann recollected how she had cried in ecstasy the day she had managed to lift an arm out of the water.

ii. Wilma Rudolph was confined to bed for two years before she learned to walk with the help of braces.

iii. One day, her mother found the eleven-year-old Wilma Rudolph running around without her orthopaedic shoes.

iv. Dawn Fraser Australia like Shelley Mann was also a swimmer.

5. Match the following words in A with those in B to make complete sentences :

A	B
The athlete won	a team.
A group of sportspersons make	a gold medal.
A handicapped person can even become	a swimming race.
100m butterfly is	an Olympic star.

Vocabulary

6. The following words can all be used to talk about group of persons. Find the odd one out:

- i. Staff can be used for : people in an office, *sailors on a ship*, teachers in a school
- ii. Team can be used for a group of : *reporters*, surgeons children
- iii. Cast can be used for a group of : actors in a film, *characters in a novel*, actors in a play
- iv. Gang can be used for a group of : *singers*, thieves, college students
- v. Band can be used for a group of : robbers, musicians, *politicians*

Language Work

7. Fill in the blanks in the following sentences with the appropriate form of the verbs given in the brackets:

- i. The doctors asked Shelley to get into the swimming pool as an exercise. So she ~~practised~~ swimming daily. (practise)
- ii. The doctors recommended massage of Wilma's limp leg. So, her entire family ~~gave~~ her four rubs daily. (give)
- iii. In a car accident many years ago, Dawn ~~broke~~ a vertebra in the neck. (break)
- iv. Dawn Fraser was also a woman Olympic star who was a winner many times. She ~~won~~ two gold medals and a silver in 1956 Melbourne Games. (win)
- v. Handicapped men and women who were champions in the Olympic Games ~~had~~ faith in what they ~~become~~. (have, become)