



Chapter – 1

Food : Where Does it come from?

SOLUTIONS:

Exercises

Q1. Do you find that all living beings need the same kind of food?

Ans. No, all living beings do not need the same kind of food.

Q2. Name five plants and their parts that we eat.

Ans. Five plants and their parts that we eat are -

Carrot ___ Root
 Wheat ___ Seeds
 Cabbage ___ Leaves
 Cauliflower ___ Flower
 Brinjal ___ Fruit

Q3. Match the items given in column A with that in column B

Column A

Column B

Milk, curd, paneer, ghee.

eat other animals

Spinach, cauliflower, carrot

eat plants and plant products

Lions and tigers

are vegetables

Herbivores

are all animals products

Column A

Column B

Ans. Milk, curd, paneer, ghee.

_____ are all animals products

Spinach, cauliflower, carrot

_____ are vegetables

Lions and tigers

_____ eat other animals

Herbivores

_____ eat plants and plant products

Q4. Fill up the blanks with the words given:

herbivore, plant, milk, sugarcane, carnivore

(a) Tiger is carnivore because it eats only meat.

(b) Deer eats only plant products and so, is called herbivore

(c) Parrot eats only plant products.

(d) The milk that we drink, which comes from cows, buffaloes and goats is an animal product.

(e) We get sugar from sugarcane



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Extra Questions and Answers

Q1. What is food?

Ans. Food is any substance that provides nutritional support of an organism.

Q2. What are the main sources of our food?

Ans. The main sources of our food are plants and animals.

Q3. What are herbivores? Give some examples.

Ans. Animals which eat only plants or plant products are called herbivores.
Examples - Cow, deer, Sheep, Rabbit etc.

Q4. What are carnivores ? Give some Examples.

Ans. Animals which eat flesh of other animals are called carnivores.
Examples - Tiger, Lion, Wolf etc.

Q5. What are omnivores? Give some examples.

Ans. Animals which eat both plants and other animals are called omnivores.
Examples - Human beings, pigs, dogs, rat etc.

Q6. Name some plants which have two or more edible parts

Ans. Mustard plant _____ Leaves, seeds
Banana plant _____ Fruit, flower, stem

Q7. What is nectar?

Ans. Nectar is a sweet juice of flower which bees collect to make honey

8. Write some of the food items and their ingredients.

Ans. Food items

Ingredients.

Roti/ Chapati

Atta, water

Dal

Pulses, Water, salt, oil, Spices

Fish Curry

Oil, Fish, Water, Salt, Spices

C. Write true or False

- (i) Leaf is the only part of a plant which we eat.(False)
 - (ii) Squirrel eats nuts. (True)
 - (iii) Grass, Oilcake, Grains are foods for spider.(False)
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